

		Online	Reading	Bridge to Practice	Face-to-Face	Total
Unit 1	Session 1	35-45 mins	30-40 mins	20-30 mins		85-115 mins
	Session 2	30-40 mins	20-30 mins	20-30 mins		70-100 mins
	Session 3	50-75 mins	20-30 mins	20-30 mins		90-135 mins
	Session 4	30-50 mins	15-25 mins	30-40 mins		75-115 mins
	Session 5	35-40 mins	20-30 mins	15-20 mins		70-90 mins
	Session 6	40-50 mins	15-20 mins	5-10 mins		60-80 mins
	Session 7	35-45 mins	15-20 mins	15-20 mins		65-85 mins
	Session 8	50-55 mins	15-20 mins	15-20 mins		80-95 mins
	Total	5-6.5 hrs	2.5-3.5 hrs	2.5-3.5 hrs	6 hrs	16-19.5 hrs
Unit 2	Session 1	40-50 mins	20-30 mins	15-20 mins		75-100 mins
	Session 2	40-50 mins	20-30 mins	10-15 mins		70-95 mins
	Session 3	35-40 mins	20-30 mins	15-30 mins		70-110 mins
	Session 4	60-70 mins	20-30 mins	15-30 mins		95-140 mins
	Session 5	40-50 mins	20-30 mins	15-20 mins		75-100 mins
	Session 6	70-75 mins	20-30 mins	15-30 mins		105-145 mins
	Session 7	80-100 mins	20-30 mins	15-30 mins		115-170 mins
	Session 8	40-50 mins	20-30 mins	15-30 mins		75-120 mins
	Total	6.5-8 hrs	2.5-4 hrs	2-3.5 hrs	6 hrs	17-21.5 hrs
Unit 3	Session 1	60-70 mins	20-30 mins	15-30 mins		95-130 mins
	Session 2	50-60 mins	20-30 mins	15-30 mins		85-120 mins
	Session 3	50-60 mins	20-30 mins	15-30 mins		85-120 mins
	Session 4	50-60 mins	20-30 mins	15-30 mins		85-120 mins
	Session 5	60-70 mins	20-30 mins	15-30 mins		95-130 mins
	Session 6	55-65 mins	20-30 mins	15-30 mins		90-125 mins
	Session 7	45-55 mins	20-30 mins	15-30 mins		80-114 mins
	Session 8	50-60 mins	15-25 mins	35-50 mins		100-135 mins
	Total	7-8.5 hrs	2.5-4 hrs	2.5-4 hrs	6 hrs	18-22.5 hrs
Unit 4	Session 1	60-70 mins	20-30 mins	15-30 mins		95-130 mins
	Session 2	65-75 mins	15-30 mins	20-30 mins		85-120 mins
	Session 3	80-90 mins	15-30 mins	20-30 mins		85-120 mins
	Session 4	80-90 mins	20-30 mins	15-30 mins		85-120 mins
	Session 5	65-75 mins	20-30 mins	30-40 mins		95-130 mins
	Session 6	60-70 mins	20-30 mins	15-30 mins		90-125 mins
	Session 7	65-75 mins	20-30 mins	30-50 mins		80-114 mins
	Session 8	45-55 mins	20-30 mins	30-40 mins		100-135 mins
	Total	8.5-10 hrs	2.5-4 hrs	2.5-3.5 hrs	6 hrs	19.5-23.5 hrs
Units 1-4 Total		27-33 hrs	10-15.5 hrs	9.5-14.5 hrs	24 hrs	70.5-87 hrs

		Online	Reading	Bridge to Practice	Face-to-Face	Total
Unit 5	Session 1	40-50 mins	20-30 mins	30-40 mins		90-120 mins
	Session 2	55-65 mins	20-30 mins	30-40 mins		105-135 mins
	Session 3	45-55 mins	20-30 mins	30-40 mins		95-130 mins
	Session 4	45-55 mins	20-30 mins	30-40 mins		95-130 mins
	Session 5	70-80 mins	20-30 mins	30-40 mins		120-150 mins
	Session 6	65-75 mins	20-30 mins	30-40 mins		115-145 mins
	Total	5.5-6.5 hrs	2-3 hrs	3-4 hrs	6 hrs	16.5-19.5 hrs
Unit 6	Session 1	75-85 mins	20-30 mins	30-40 mins		125-155 mins
	Session 2	55-65 mins	20-30 mins	30-40 mins		105-135 mins
	Session 3	30-40 mins	20-30 mins	30-40 mins		80-110 mins
	Session 4	70-80 mins	20-30 mins	30-40 mins		120-150 mins
	Session 5	60-70 mins	20-30 mins	30-40 mins		110-140 mins
	Session 6	55-60 mins	20-30 mins	30-40 mins		105-130 mins
	Total	5.5-6.5 hrs	2-3 hrs	3-4 hrs	6 hrs	16.5-19.5 hrs
Unit 7	Session 1	35-45 mins	15-20 mins	30-40 mins		95-130 mins
	Session 2	75-85 mins	20-30 mins	30-40 mins		85-120 mins
	Session 3	40-50 mins	15-20 mins	30-40 mins		85-120 mins
	Session 4	55-65 mins	15-20 mins	30-40 mins		85-120 mins
	Session 5	80-90 mins	20-25 mins	30-40 mins		95-130 mins
	Session 6	40-50 mins	15-20 mins	30-40 mins		90-125 mins
	Total	5.5-6.5 hrs	1.5-2.5 hrs	3-4 hrs	6 hrs	16-19 hrs
Unit 8	Session 1	50-60 mins	35-45 mins	30-40 mins		115-145 mins
	Session 2	60-70 mins	35-45 mins	30-40 mins		125-155 mins
	Session 3	85-95 mins	25-35 mins	30-40 mins		120-150 mins
	Session 4	70-80 mins	30-40 mins	30-40 mins		130-160 mins
	Session 5	65-75 mins	35-45 mins	30-40 mins		130-160 mins
	Session 6	60-70 mins	25-35 mins	20-30 mins		105-135 mins
	Total	6.5-8 hrs	3-4 hrs	2.5-4 hrs	6 hrs	18-23 hrs
Units 5-8 Total		23-28.5 hrs	8.5-12.5 hrs	11.5-16 hrs	24 hrs	67-81 hrs
Course Total (Units 1-8)		50-61.5 hrs	18.5-28 hrs	18-27 hrs	48 hrs	137.5-168 hrs